

ANNEX – Personal Report on Dental Destruction and Denial of Treatment in Germany (2021–2025)
Statement of Ismail Rustam

I, Ismail Rustam, born in Azerbaijan and living in Berlin, make the following statement about the destruction of my teeth and the refusal of German health insurance authorities to finance necessary dental treatment.

All facts are based on my direct personal experience. I possess dated videos, photographs and WhatsApp messages confirming the condition of my teeth and the time periods described below.
(Updated with evidence up to 09 December 2025)

Patient: Ismail Rustam

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Date: 09 December 2025

Dear Sir or Madam,

Subject: Systematic Dental Neglect and Destruction of Teeth in Germany (2021–2025) – Evidence Report

1. Background

Since around 2021–2022 I have repeatedly sought proper dental treatment in Germany. My statutory health insurance twice sent me to the Medizinischer Dienst Berlin-Brandenburg (MDK) for dental assessment, but:

- coverage for full treatment was refused,
- and my teeth were effectively left to rot and break instead of being treated.

Originally I went to the dentist to save my lower teeth with conservative therapy. During the following years, several upper front teeth were extracted or destroyed, and the lower front teeth were allowed to decay until only dark roots remained. For almost four years I have been unable to chew normally.

2. Private Implants – Paid by Myself

Because the health insurance system would not fund adequate treatment, on 3 January 2025 I paid approximately 11,000 EUR from my own pocket for several implants in the posterior region. After surgery:

- the implants remained unused for many months,
- only on 09 December 2025 did the dentist finally begin to place screws / healing abutments on them,
- even now I still do not have a functional prosthesis on these implants.

3. Current Condition of the Teeth (Photos 09.12.2025)

Recent photos taken on 09 December 2025 show:

- Lower front teeth: almost completely destroyed, dark brown/black roots with advanced caries, exposed surfaces and inflamed gums;
- Upper front teeth: several teeth missing, others broken down to short, sharp stumps, with gum tissue exposed;
- overall picture of severe, chronic dental disease, clearly developed over years.

This condition is incompatible with basic medical standards in a European country and reflects long-term dental neglect.

4. Earlier Visual Evidence (2024–2025)

I possess dated videos and screenshots documenting the progressive destruction of my teeth:

1. 17.09.2024 – WhatsApp video (“Orxan Blogger”) – upper teeth damaged.
2. 25.04.2025 – lower teeth heavily decayed.
3. 26.06.2025 – tooth piece breaks during eating.
4. 27.07.2025 – temporary bridge falls out, showing untreated decay.
5. 27.08.2025 – MDK letter ordering new evaluation.
6. 20.10.2025 – MDK exam taking misleading photos with plastic cover tooth.
7. 04.11.2025 – screenshot showing implants without crowns, severe decay still present.
8. 02.11.2025 – video showing difficulty chewing.

5. International Complaints (from August 2025)

Beginning August 2025, I reported my case to:

- UN human rights mechanisms,

- the European Court of Human Rights,
- Amnesty International,
- major international media.

I explained that:

- for almost four years my teeth had been left without treatment,
- teeth were removed or left to disintegrate,
- I was deprived of the ability to eat and speak normally.

Only after these complaints did MDK suddenly conduct a new exam and take cosmetic photos.

6. Consequences for General Health – Stomach Damage

Because I cannot chew, I swallow food almost whole, resulting in:

- chronic stomach pain,
- inflammation,
- digestive problems.

No diagnostics or treatment has been offered for these consequences.

7. Summary and Assessment

1. Long-term denial of dental care.
2. Progressive destruction of teeth.
3. Forced self-payment of 11,000 EUR; implants unused for months.
4. Manipulative documentation by MDK.
5. Serious overall health impact.
6. No effective remedy provided.

Signed,

Ismail Rustam

Berlin, December 2025

This submission is legally valid without a signature.